



# PATANJALI'S ONLY IPD WELLNESS CENTRE IN GUJARAT

Ayurveda | Yoga | Naturopathy







## **With the blessings of Param Pujya Swami Ramdev Ji and Param Pujya Acharya Balkrishnaji!**

Our mission at Munshi Nature Cure Center is to spread the essence of health and wellness through the time-tested practices of Yoga, Ayurveda, and Naturopathy. We envision a world where individuals achieve vitality and longevity by embracing natural remedies.



## Munshi Nature Cure A Legacy of Wellness and Healing

Our vision stems from a deep-rooted commitment to traditional Indian healing sciences. Munshi Nature Cure Center brings together the ancient wisdom of Ayurveda, Naturopathy, and Yoga to create a rejuvenating and enriching experience for every individual.

Every detail at our center, from the tranquil surroundings to the thoughtfully curated therapies, is designed to provide an unforgettable wellness journey.





# Revolutionizing Wellness through Natural Healing

At Munshi Nature Cure, we deliver customised medical treatments after an in-depth consultation by our Ayurveda and Naturopathy doctors. Our approach is to address the root cause and not merely subside the symptoms, while unlocking the power of your body's innate healing capabilities.



## NATURE OF THE DISEASES CURED



Diabetes



Weight Management



Blood Pressure



Detoxification



Stress Management



Respiratory System



Gastro Intestinal System



Cardiovascular System



Endocrine System



Musculoskeletal System



Skin & Hair Disorders



Psychological



Metabolic Disorder



Reproductive System



Hormonal Disorders



## Therapies & Treatments

Embark on a path to holistic well-being with Munshi Nature Cure Center. Our therapeutic offerings include Panchkarma and Naturopathy treatments, complemented by Yoga and Acupressure, all administered by skilled male and female therapists. Doctor consultation and therapies are also available for non-residential (OPD) health-seekers too. These natural treatments target the root causes of ailments, promoting lasting health and vitality.



Naturopathy



Yoga



Ayurveda



Panchkarma



Acupressure



Hydrotherapy



Massage Therapy



Physiotherapy



Acupuncture



Shirodhara



Mud Bath



Sattvik Diet



Yagna



Leech



Colon



Steam





# Daily Schedule

Begin your day with guided yoga, cleansing rituals, and meditation. Nourish your body with customized meals and immerse yourself in carefully curated therapies.



 Wake up 4:30 am	 Shatkarma 5:00 am - 5:30 am	 Yoga (Compulsory) 5:30 am - 7:00 am	 Serving of Kadha 7:00 am	 Yagna 7:15 am - 7:45 am
 Mud Compress 8:00am - 8:30 am	 Breakfast 8:30am - 9:00 am	 Therapies 9:00 am - 12:00 pm	 Lunch 12:00 pm - 1:00 pm	 Leisure & Relaxation 1:00 pm - 2:30 pm
 Therapies 2:30 pm - 5:30 pm	 Herbal Drink 5:00 pm - 5:30 pm	 Yoga 6:00 pm - 7:30 pm	 Dinner 7:15 pm - 8:00 pm	 Reading/Self Assessment 9:30 pm-retire to your room



# Our Wellness Packages



### 7-Day Wellness Package

No. of person	Family suite	Super Deluxe	Deluxe
1 Health Seeker	-	30,000/-	25,000/-
2 Health Seeker	57,000/-	55,000/-	45,000/-
3 Health Seeker	75,000/-	-	-



### 10-Day Wellness Package

No. of person	Family suite	Super Deluxe	Deluxe
1 Health Seeker	-	40,000/-	32,000/-
2 Health Seeker	75,000/-	74,000/-	58,000/-
3 Health Seeker	95,000/-	-	-



### 15-Day Wellness Package

No. of person	Family suite	Super Deluxe	Deluxe
1 Health Seeker	-	57,000/-	46,000/-
2 Health Seeker	1,07,000/-	1,06,000/-	83,000/-
3 Health Seeker	1,35,000/-	-	-

## All packages at Munshi Nature Cure include the following

- Doctor Consultations
- Comfortable Accommodations
- Sattvik Meals
- Yoga & Meditation Sessions
- Therapy Kit: Daily essentials provided for your convenience
- Naturopathy Therapies: Including mud therapy, hydrotherapy, and medicated enemas (as recommended).
- Spiritual Healing: Medicated havan (Yagna Chikitsa)
- Pain Relief Therapies: Acupuncture, acupressure, and physiotherapy.





## Why Choose Munshi Nature Cure?



Research & Evidence based treatment



Supervision under experts



Highly Personalized



Effective and lasting results



Affordable and value-driven care

## Facilities & Amenities

- Yoga Hall
- Yagna Shala
- Diet Therapy
- Male therapy section
- Recreation Centre
- Female therapy section
- Physiotherapy Section
- Reflexology Track
- Jogging Track
- 24x7 Doctors







## Accommodation types





Our accommodations are designed with your comfort and relaxation in mind. Choose from our deluxe, super deluxe, and family suite options, each providing a serene environment to complement your healing journey. Experience personalized care and unmatched hospitality during your stay.

Deluxe Room | Super Deluxe Room | Family Suite





## Take the First Step Towards Wellness

-  [info@munshinaturecure.com](mailto:info@munshinaturecure.com)
-  [www.munshinaturecure.com](http://www.munshinaturecure.com)
-  +91 89809 44040
-  Lambhvel, Bakrol - Vadtal Rd, opp. Hari Om Nagar, Vallabh Vidyanagar, Anand, Gujarat 388120

### Bank Account Details for payment (Cheque / RTGS / NEFT)

Account Name: Vitthalbhai Ambalal Munshi Nature Cure C  
Bank : Union Bank of India    Branch : Vallabh Vidyanagar  
IFSC: UBIN0421235 (fifth figure is Zero)  
Account No: 312302010019446  
MICR: 3880260012

Scan & Pay using any  
Bharat QR/BHIM UPI App



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